

GLAC Middle School Boys & Girls Track Schedule '22 Weekly Practice Schedule - Monday thru Friday 2:30-4:00pm

GLAC Meets – Field Events start @4:30pm, Running Events @5:00pm

	Star	<u>rt Time</u>	<u>Bus</u>
Wed. 4/20	Lakewood vs. Perry*	4:30	
Mon. 4/25	Lakewood vs. Maple Valley/LCS*	4:30	
Wed. 4/27	Lakewood/Stockbridge @ Leslie* Make up from 4/18	4:30	2:30
Thurs. 4/28	Lakewood @ Wayland Relays	4:00	2:00
Mon. 5/2	Lakewood @ Stockbridge*	4:30	-2:30
Wed. 5/4	Lakewood vs. Olivet*	4:30	
Wed. 5/11	Lakewood @ GLAC Championships Hosted by Leslie	4:30	2:30
Fri. 5/13	Lakewood @ Ionia Relays	3:00	1:30
Thurs. 5/26	West Michigan Middle School Championships – Invite Only Houseman Field-Grand Rapids	1:30	11:30
Thurs. 6/2	Greater Lansing Middle School Honor Roll Meet @ Okemos HS	TBA	

*GLAC League Event

Athletes MUST have a current physical or Sports Health Questionnaire before practices! ~ Dates subject to change ~ Boys Coach – Matt Markwart Girls Coach – Christy Carter AD Nick Krueger <u>nickkrueger@lakewoodps.org</u>

Updated 4/21/2022