



# LAKEWOOD MIDDLE SCHOOL

## ATHLETIC DEPARTMENT

Ph. 616-374-2401

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### GLAC Middle School Boys & Girls Track Schedule '25

**Weekly Practice Schedule - Monday thru Friday 2:30-4:00pm**  
**Start Date is 4/26/25**

**CAAC Meets – Field Events start @4:30pm, Running Events @5:00pm**

		<u>Start Time</u>	<u>Bus</u>
Thur. 4/17	Lakewood @ Ionia (CAAC)	4:30	3:15
Mon 4/21	Lakewood @ Charlotte (CAAC) Vs. Olivet and Charlotte	4:30	3:15
Fri. 5/9	Lakewood @ Ionia Relays	4:00	2:30
Mon. 5/12	Lakewood @ Olivet Sewer Pond @ Olivet HS	3:30	2:00
Wed 5/14	Lakewood @ Eaton Rapids (CAAC)	4:30	2:45
Tues 5/20	Junior Comet Last Chance @Grand Ledge Track Complex 1211 Lohne Drive Grand Ledge	4:00	2:30
Wed 5/28	Junior Greater Lansing Honor Roll @ Okemos High School *Must have certain times to qualify*	4:00	2:15

***Athletes MUST have a current physical or Sports Health Questionnaire before practices!***

~ Dates subject to change ~

Boys Coach – Georgina Hill

Girls Coach – Christy Carter

AD Brienne Guiles – [brienneguiles@lakewoodps.org](mailto:brienneguiles@lakewoodps.org)

Updated 4/21/2022